

# LENOIR COUNTY 4-H 2023 SUMMER ADVENTURES

## SIGN UP!

Lenoir County 4-H Summer programs are available to youth ages 5-18 as of January 1, 2023.

To sign up, these steps must be completed:

1. Enroll in 4-H Online.
2. Completed registration form and payment turned in at extension office.

Enrollment in the 4-H Online system is **REQUIRED** for all participants prior to registration. Youth **WILL NOT** be added to programs unless they are in the 4-H Online System. Enroll at [v2.4honline.com](https://v2.4honline.com)

Register for camps in person at the Lenoir County Cooperative Extension Office, Monday - Friday 8:30a-5:00p.

Payment accepted through cash or checks only. Make checks payable to *Lenoir County 4-H*.



## QUESTIONS?

Contact your 4-H Agent:

Abbigail Wells  
[abbarbe2@ncsu.edu](mailto:abbarbe2@ncsu.edu)  
252-527-2191

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In compliance with the Americans with Disabilities Act, N.C. Cooperative Extension will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to: Abbigail Wells 252-527-2191/[abbarbe2@ncsu.edu](mailto:abbarbe2@ncsu.edu). Requests can be served more effectively if notice is provided at least 10 days before the event.



# ADDITIONAL INFORMATION

**Enrollment forms, medical release forms, and a signed Code of Conduct must be completed before participation at <https://v2.4honline.com/#/user/sign-in>**

Limits are placed on camps due to transportation availability, staffing, and space restrictions.

Parents and guardians, please provide a reliable email address as program updates, reminders, cancellations, or changes will be sent to the emails listed on the registration forms.

**The following events require additional paperwork or information and have special requirements: District Activity Day, Junior Master Gardener Program, Residential 4-H Camp Millstone, and NC 4-H Congress.** For events not listed on the registration form, contact Mrs. Abbigail directly for further directions for registration.

For events that cost more than \$100, there are special scholarships available based on availability, need, and/or participation.

All registration fees are NON-REFUNDABLE. Fees are used to cover supplies, insurance, and transportation to keep events at the lowest cost possible. Registration fees will be returned if camp is cancelled.

Forms and checks can be dropped off at  
1791 HWY 11/55 Kinston, NC 28504  
Please make checks payable to *Lenoir County 4-H*.

For more details or questions about these events and camps, please contact Abbigail Wells at 252-527-2191 or email [abbarbe2@ncsu.edu](mailto:abbarbe2@ncsu.edu).

# LENOIR COUNTY ACTIVITY DAY



\*For those competing in District Activity Day only\*

**Date:** May 22

**Time:** 4:00p-6:00p

**Location:** Lenoir County Cooperative Extension Center

If you are presenting on District Activity Day (June 16th), join us for our County Day to practice your presentations and "compete" in front of guest judges! Limit: N/A.

## 4-H DISTRICT ACTIVITY DAY (DAD)

**Age:** 5-18

**Date:** June 16

**Cost:** Free

**Location:** Lenoir Community College



Youth will compete against other 4-H'ers in the Southeast District in presentation categories on topics of their choosing. There is a non-competing category for Cloverbuds (age 5-7).

More info on our website. **Registration is due by May 26th.**

Limit: N/A.

## JUNIOR MASTER GARDENER PROGRAM

**Age:** 3rd-9th grade

**Dates:** June 12-14 and July 19-23

**Time:** 10:00a-3:00p

**Cost:** \$0

**Location:** Lenoir County Cooperative Extension Center



The Junior Master Gardener program engages children in novel, "hands-on" group and individual learning experiences that provide a love of gardening, develop an appreciation for the environment, and cultivate the mind. *Application required-ask for more details.*

Limit: 10.

## SET THE STAGE

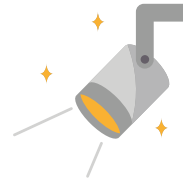


**Age:** 5-8

**Date:** June 20

**Time:** 9:00a-4:00p

**Cost:** \$5



**Location:** Lenoir County Cooperative Extension Center

Let your creativity shine through arts and crafts, fun team projects, and your very own puppet show! Limit: 8.

## DESTINATION WELLNESS



**Age:** 11-18

**Date:** June 27-29

**Time:** 9:00a-12:00p

**Cost:** \$15



**Location:** Lenoir County Cooperative Extension Center

Learn about nutrition, exercise, and mindfulness as we explore wellness in our every day lives! Limit: 12.

## CAMP AT MILLSTONE 4-H CENTER



**Age:** 8-14

**Date:** July 9-14

**Cost:** \$525 / Fundraising Available

**Location:** Ellerbe, NC @ Camp Millstone

6-Day residential camp filled with canoeing, crafts, swimming, hiking, field games, ropes courses, shooting sports, and much more!

**We currently only have 1 female spot open!**

## LOCALLY DELICIOUS

**Age:** 5-7

**Date:** July 11-13

**Time:** 9:00a-12:00p

**Cost:** \$15

**Location:** Lenoir County Cooperative Extension

Explore local foods with in-season fruits and vegetables. Learn how they grow, nutritional facts, and how to cook them!

Limit: 10.



## A DAY AT NC STATE

**Age:** 10-14

**Date:** July 18

**Time:** 7:30a-6:00p

**Cost:** \$15

**Location:** Raleigh, NC

Join us for a STEAM-filled day trip to NC State to visit the Wilson College of Textiles, Talley Student Center, Plant Sciences Hall, and the Gregg Museum of Art and Design. Bring lunch money!

Limit: 8.



## NC 4-H CONGRESS

**Age:** 13-18

**Date:** July 22-25

**Cost:** \$250 + Lodging (TBD)

**Location:** Raleigh, NC

4-H Congress is an annual fun, educational event over four days in Raleigh where youth will have opportunities to meet new friends, elect new State 4-H Officers, participate in awesome workshops, hear from engaging speakers, and give back to others through Hands to Service! *Registration due June 27th.*

Limit: N/A.



## HUNTER SAFETY

**Age:** 8-18

**Date:** July 24-26

**Time:** 10:00a-4:00p

**Cost:** \$10



**Location:** Lenoir County Cooperative Extension Center  
Youth will learn core hunter safety skills. Pack your lunch!  
Limit: 25.

## POLLINATOR POWER

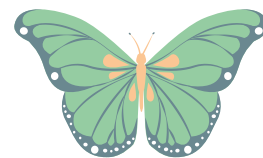


**Age:** 5-9

**Date:** August 2

**Time:** 9:00a-3:00p

**Cost:** \$5



**Location:** Lenoir County Cooperative Extension Center

Hands-on activities to learn about the importance of pollinators such as bees, butterflies and hummingbirds! Pack your lunch!  
Limit: 15.

## SAVORING SOUTHERN SEAFOOD



**Age:** 10-14

**Date:** August 3

**Time:** 7:30a-5:00p

**Cost:** \$10

**Location:** Carteret County, NC

Discover the ins and outs of the seafood industry as we visit the NC State Seafood lab, tour an aquaculture facility, and explore a seafood market. Bring lunch money!  
Limit: 8.

## SAFE SITTER

**Age:** 10-14

**Date:** August 7

**Time:** 9:00a-4:00p

**Cost:** \$75

**Location:** Lenoir County Cooperative Extension Center  
Get certified as a babysitter through the Safe Sitter course!

Pack your lunch!

Limit: 8.



## HERITAGE DAY



**Age:** 5-10

**Date:** August 8

**Time:** 9:00a-12:00p

**Cost:** \$5

**Location:** Lenoir County Cooperative Extension Center  
Diggin' Life will join us to bring hands-on activities with heritage crops and the creative things they can be used for. You will have a chance to make your own creations with gourds!

Limit: 10.

## LIFT OFF!

**Age:** 8-12

**Date:** August 9-10

**Time:** 9:00a-4:00p

**Cost:** \$10

**Location:** Lenoir County Cooperative Extension Center  
Soar into aerospace exploration with drones, planes, and more.

Pack your lunch!

Limit: 10.



# Lenoir County 4-H Summer Adventures Registration Form

**Youth Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Parent Email:** \_\_\_\_\_

**Please note: Your child MUST be enrolled in 4-H Online to participate.**

| Check Here | Camp                         | Ages  | Date        | Time          | Cost                                   |
|------------|------------------------------|-------|-------------|---------------|--|
|            | Set The Stage*               | 5-8   | June 20     | 9:00a-4:00p   | \$5                                    |
|            | Destination Wellness         | 11-18 | June 27-29  | 9:00a-12:00p  | \$15                                   |
|            | Locally Delicious            | 5-7   | July 11-13  | 9:00a-12:00p  | \$15                                   |
|            | A Day at NC State            | 10-14 | July 18     | 7:30a-6:00p   | \$15                                   |
|            | NC 4-H Congress              | 13-18 | July 22-25  | Overnight     | \$250+ TBD<br>Fundraising<br>Available |
|            | Hunter Safety*               | 8-18  | July 24-26  | 10:00a-4:00p  | \$10                                   |
|            | Pollinator Power*            | 5-9   | August 2    | 9:00a-3:00p   | \$5                                    |
|            | Savoring Southern<br>Seafood | 10-14 | August 3    | 7:30a-5:00p   | \$10                                   |
|            | Safe Sitter*                 | 10-14 | August 7    | 9:00a-4:00p   | \$75                                   |
|            | Heritage Day                 | 5-10  | August 8    | 9:00a-12:00p  | \$5                                    |
|            | Lift Off*                    | 8-12  | August 9-10 | 9:00a-4:00p   | \$10                                   |
|            |                              |       |             | <b>Total:</b> |  |

Programs marked with \* - please pack your lunch for these days!